



Clydesdale Connection & Healing Session

Immerse yourself in a profound journey of healing and connection with the Clydesdales at Lindsay Lake Farms. This experience is designed to soothe your soul and foster a deep bond with these gentle giants and your present self.

Experience Includes:

- **Mindful Introduction:**
Begin with a guided meditation to center yourself, allowing you to be fully present. Meet the Clydesdales in natural habitat, where their calm energy begins the healing process.
- **Hands-On Healing:**
Experience the therapeutic power of touch as you groom the Clydesdales. The rhythmic motions and tactile connection serve as a grounding exercise, helping to alleviate tension and promote inner peace.
- **Energy Connection:**
Engage in a silent, mindful walk alongside the Clydesdales, feeling their powerful yet soothing presence. The horses naturally sense your energy, helping to release stress and anxiety as you move together through nature.
- **Reflective Sharing Circle:**
We conclude the session with a reflective sharing circle, where you can express your feelings and insights from the experience. The Clydesdales' presence throughout the session provides a safe and supportive environment for emotional exploration and healing.

Price:

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| • Private Session (1 Person) | \$295.00 + HST p.p. |
| • Semi Private Session (2 Persons) | \$245.00 + HST p.p. |
| • Small Group (3 - 6 Persons) | \$195.00 + HST p.p. |



Dates: Booking available upon special request. Contact us to book – at least 2 weeks in advance.

BOOK NOW

Please Note:

No horseback riding experience is required.

All of the encounters with the horses take place with the person standing on the ground.

Sessions must be booked in advance.

Cancellations: If we must cancel or reschedule due to unforeseen circumstances (such as extreme weather conditions or operational issues), customers will be given the option to reschedule their booking for a later date or receive a full refund. If a customer cancels their booking more than 14 days prior to the scheduled experience, we will provide a 100% refund or a rescheduling option. If a customer cancels their booking 7-14 days prior to the experience, we will provide a 50% refund. No refund will be provided for cancellations made within 7 days of the experience, and customers who do not show up for their scheduled experience will not be eligible for a refund or rescheduling.