



Goddess Empowerment Escape

Gather your closest friends and escape to the serenity of Lindsay Lake Farms for an exclusive goddess empowerment retreat. Go on a transformative journey designed to reconnect you with nature, your inner self, and a circle of like-minded women. This retreat invites you to leave behind the everyday and embrace an experience that fosters healing, empowerment, and soulful connection with a Spirit of the Bison Tour, a Clydesdale Connection & Healing session and an empowering women's circle.

Experience Includes:

- A two night stay at Moose River Cottage, a fully renovated 3-bedroom farmhouse at Lindsay Lake Farms with equipped kitchen, living room, dining room, and outdoor deck, overlooking blueberry fields.
- Spirit of the Bison Tour. It's a moment of reconnection — to the land, to yourself, and to one of the most iconic, wild creatures that ever walked this Earth. You'll learn about the herd, how they live, what they teach us — but more than that, you'll feel the raw power and grace they carry.
- Clydesdale Horse Connection & Healing Session. Meet the Clydesdale horses in their natural habitat, experience the therapeutic power of touch as you groom the Clydesdales. The rhythmic motions and tactile connection serve as a grounding exercise, helping to alleviate tension and promote inner peace.
- A lakeside women's circle led by a professional facilitator, to connect, share, reflect and empower each other while celebrating the feminine. When participating in a women's circle, we carry on the tradition of our female ancestors by forming a sacred goddess community to celebrate the feminine. Enjoy this experience with your group by the lake with a bonfire (weather depending).
- Snack board filled with freshly made treats from Lindsay Lake Farms' butchery & bakery. From fresh sourdough bread and aromatic focaccia to the newest creations of our on-farm butchery.
- Delectable breakfast basket loaded with fresh baked bread, farm-fresh eggs, and some of Lindsay Lake Farms favourite seasonal items.

Price: \$399 per person (HST included)

Self-care
IS EMPOWERMENT



Day 1

Afternoon Arrival at Moose River Cottage

- Settle into the cozy 3-bedroom farmhouse, overlooking blueberry fields.
- Explore the surroundings and enjoy the serenity of Lindsay Lake Farms.

Evening - Welcome Gathering & Introduction

- Meet your host for a light welcome gathering.
- Enjoy a snack board with freshly made treats from Lindsay Lake Farms' butchery and bakery.

Day 2

Morning - Spirit of the Bison Tour

- This is not just a tour. It's a moment of reconnection — to the land, to yourself, and to one of the most iconic, wild creatures that ever walked this Earth. Bison carry the spirit of endurance, resilience, and ancient wisdom. To stand in their presence is to be reminded that we are part of something much older and wilder than we often remember.

Afternoon - Clydesdale Horse Connection & Healing Session

- One of the most unique aspects of the escape is our Clydesdale Horse Connection & Healing Session. Imagine stepping into the open, natural space of our majestic Clydesdales, where you'll connect with these gentle giants in a way that promotes peace and clarity. The simple, rhythmic act of grooming the Clydesdales offers a calming energy exchange, allowing you to experience the healing power of touch. The horses' gentle presence brings a profound sense of grounding, and this hands-on experience fosters trust, acceptance, and self-reflection in a sacred space.

Evening - Lakeside Women's Circle

- As the sun sets, join in a women's circle by the lakeside, a beautiful gathering led by a professional facilitator. Surrounded by nature's beauty, you'll come together around a bonfire (weather permitting) to share, listen, and celebrate the feminine spirit. This circle is a safe, sacred space where you can freely express yourself, supported by the collective wisdom and strength of the group. As you connect with others, you'll find yourself reconnecting with your own inner power, honoring your journey and the journeys of those around you.

Itinerary

Day 3

Morning - Farewell Breakfast & Reflection

- Enjoy a delicious breakfast basket filled with farm-fresh eggs, fresh baked bread, and seasonal items.
- As your time with us comes to a close, you'll gather once more with your group to reflect on the retreat's experiences. With newfound clarity and a rekindled sense of self, you'll leave Lindsay Lake Farms feeling deeply connected to both the land and the supportive community you've shared this journey with.

Late Morning - Check-out & Departure

- Depart from Moose River Cottage, feeling renewed and connected.

*This is more than just an escape;
it's a journey back to the wisdom and peace that lies within.*





Dates: Booking available upon special request. Based on availability year round. Contact us to book – at least 2 weeks in advance. Minimum group of 4 women for experience to be offered. Maximum of 6.

BOOK NOW

Please Note:

No horseback riding experience is required.

All of the encounters with the horses take place with the person standing on the ground.

Cancellations: If we must cancel or reschedule due to unforeseen circumstances (such as extreme weather conditions or operational issues), customers will be given the option to reschedule their booking for a later date or receive a full refund. If a customer cancels their booking more than 14 days prior to the scheduled experience, we will provide a 100% refund or a rescheduling option. If a customer cancels their booking 7-14 days prior to the experience, we will provide a 50% refund. No refund will be provided for cancellations made within 7 days of the experience, and customers who do not show up for their scheduled experience will not be eligible for a refund or rescheduling.

