



THE FEMALE CODE

Ancient wisdom remembered

There was a time when women did not question their place. They knew. Not through noise but through connection: To land. To life. To what is real.
That knowledge is not gone. It is simply not practiced.

We don't coach you.
Nature does.

We create the space for you to breathe and remember.
Through animals, land, and direct experience you return to clarity, presence, and grounded strength.

Real-life skills.
Clear thinking.
A steady way of being.
Not as an idea.
But as something lived.



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Time: 9:00 AM – 4:30 PM

Group: Max. 4

09:00 – Arrival & Grounding

09:30 – The Bison Way

- Touch the Spirit of the Bison through a guided tour
- Observe response to presence, clarity, energy
- Immediate, real feedback

No theory. You experience it.

11:00 – The Clydesdale Healing

- Group experience with the horses: grooming, observing, touching
- Handling, movement, responsibility
- Working with intention, not performance

Reconnection to inner senses.

13:00 – Farm - to - Table Lunch

- Natural conversation (no forced sharing)

14:00 – The Female Code (Guided Reflection)

- What women have historically held
 - Stability, awareness, responsibility
 - Difference between pressure vs presence
- Clear, grounded conversation (not coaching).

15:00 – Solo Time in Nature

- No input
 - No phones
 - Walk / sit / observe
- Integration happens here.

16:00 – Closing

- Short reflection
- What shifts, what stays

Price: \$395 + HST p.p.