

## The Wisdom of the Plants & The Spirit of the Bison

## A Day of Connection, Healing & Nature's Intelligence at Lindsay Lake Farms

At Lindsay Lake Farms, the land itself is a teacher, its rhythm, its stillness, and the quiet wisdom that flows through all living things.

This unique experience invites you to journey into both the healing intelligence of the plants and the spirit of the bison, bringing together the worlds of natural medicine and wild nature in one unforgettable day.

In **The Wisdom of the Plants**, a two-hour homeopathy workshop led by Gwen MacLean, you'll discover how natural homeopathic remedies work and how you can confidently treat everyday first aid needs. From burns and bites to food poisoning, heatstroke, or colds. You'll also gain insight into Heilkunst homeopathy, a 200-year-old system that reaches beyond symptom relief to gently support the healing of chronic physical and emotional patterns.

Then, during **The Spirit of the Bison**, you'll step into the vastness of our farm and meet our herd up close. Learn their story, feel their grounded presence, and experience the quiet strength these majestic animals embody. The bison remind us of resilience, balance, and harmony with the earth, a living symbol of renewal. Together, these two experiences create a rare opportunity to reconnect with nature's intelligence through the gentle wisdom of plants and the enduring spirit of the bison.

A day that nourishes body, mind, and soul — one that brings you home to the essence of life itself.

Price: \$ 95.00 p.P. (HST included)

Date: Jan 24, 2026 11 am - 3 pm

Location: Lindsay Lake Farms, 211 Lindsay Lake Road, Lindsay Lake

Contact: bookings@lindsaylakefarms.com

